

Ellanor C. Lawrence Park
Teacher's Outline
Program: Senses and seasons
Grade: K, 1

Program Objectives

To introduce the four seasons, and to help children explore nature using their five senses

Program Length

1 hour

Program content

Introduction of staff and park

Discussion of the five human senses and the four seasons

Trail walk to explore the plants and animals of the park. Students will look for seasonal changes and use their senses to discover. A silent listening activity will be conducted

Conclusion

Concepts to discuss prior to your visit

What are the five senses?

What are the four seasons?

What season is it right now? How do you know what season it is?

What changes do we make in our behaviors when the seasons change?

This program complements the following SOL's

SCI 1.7: "The student will investigate and understand the relationship of seasonal change and weather to the activities and life processes of plants and animals. Key concepts include how temperature, light, and precipitation bring about changes in

- **Plants (growth, budding, falling leaves, wilting)**
- **Animals (behaviors, hibernation, migration, body covering, habitat) and**
- **People (dress, recreation, work)**